



Fall 2023

# News on Wheels

The Annual Newsletter of Meals on Wheels of Ridgefield, CT

## YEAR *in* REVIEW

**52,000**  
MEALS SERVED IN 2022  
↑ 18% from last year

**207**  
CLIENTS SERVED  
↑ 58% from 5 years ago



**175+**  
VOLUNTEERS WHO GIVE NEARLY  
**10,000 HOURS**  
OF THEIR TIME

**\$15/DAY**  
TO FEED A CLIENT  
Food costs are up 9.5%  
from 2 years ago



## LETTER FROM THE BOARD CHAIR | Dean Miller



We served another record of **52,000 meals in 2022**, and we expect to be around the same this year. It's still hard to believe these numbers considering we were only serving 20,000 meals just a few years ago. We couldn't have done this without your support and the **amazing efforts of our 175+ volunteers and 5 part-time employees who keep our kitchen running smoothly and deliver the meals with cheerful greetings and a smile.** We're proud of our accomplishments in providing nourishment to those who can't prepare meals on their own, and it was an honor to be recognized as **Ridgefield's Favorite Nonprofit in 068 Magazine Readers' Choice Awards this year.**

We are very lucky to live and work in such a generous community. In addition to monetary donations to help keep our operation running, we also receive a number of gifts and decorated bags from local school children, families and organizations that we deliver to our clients. We receive

many phone calls and notes from our clients about how much these special touches mean to them, especially around the holidays. Local businesses and gardens also donate goods that help reduce our costs. It truly takes a village to help us achieve our mission, and Ridgefield always comes through for us!

We receive no federal or state aid, we have no age or income restrictions and we don't charge a fee for our program. We need to raise around \$400,000 each year to fund our operation. On behalf of the Board of Directors, thank you for supporting Meals on Wheels so we can continue to help those in need of assistance in our community.

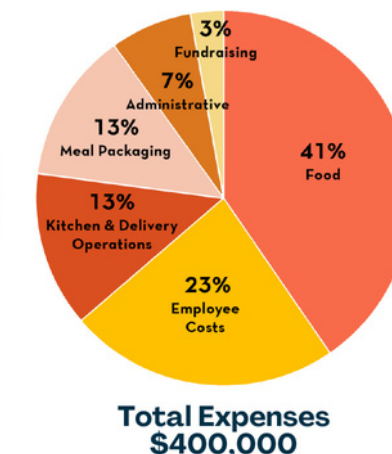
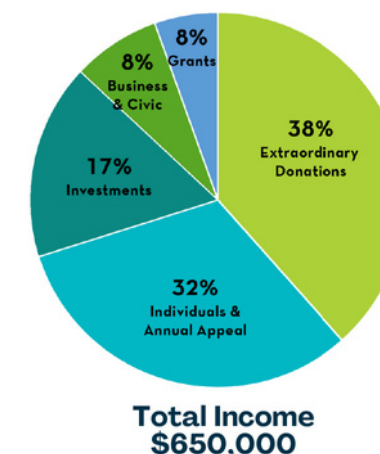
  
Dean Miller, Board Chair

## 2022 FINANCIALS | Laurie Schupmann, Treasurer



In 2022, we prepared and delivered an extraordinary 18% more meals than we did in 2021. Despite this significant increase in meal volume and the impact of inflation, we held the increase in our operating expenses to less than 13%. 90% of our spending goes toward preparing meals.

The generous support of our donors is our primary means of funding our growing meal program. We rely on income from our investment reserves to fund expenses that donations don't cover. Importantly, these investment reserves have also enabled us to provide our meals free of charge since mid-2021 and to plan for future capital needs. An extraordinary contribution of \$250,000 received in 2022 and other large contributions in previous years are the source of our reserves.



## Thank you TO OUR 175+ VOLUNTEERS

Who give countless hours preparing, packing & delivering our meals

### KITCHEN VOLUNTEERS

Phyllis Appel  
Patti Ballard  
Sangeetha Basker  
Steve Berney  
Linda Bloch  
Patrick Caudill  
Eunice Cepeda  
Rafael Cepeda  
Bridget Colabella  
Avery Costigan  
Ree Coyman  
Terryann Cucinell  
Gina Cushman  
Jennifer Dayton  
Trudy Devivo  
Jeff Dinkel  
Tori Dinkel  
Lori Egan  
Betsy Fitzpatrick  
Lisa Flanagan  
Renee Fozouni  
Pat Giacone  
Mark Gilliam  
Linda Gliedman  
Amy Grossfeld  
Kathryn Guido  
Betsy Hill  
Kristen Hoban  
Elizabeth Isaacson  
Betty Ito  
Karen Jones  
Mary Joyce  
Barbara Kaplan  
Joni Karsh  
Patsy Knoche

Shannon Krause  
Sonia Krishna  
Anna Kuhn  
Connie LaBarbera  
Cliff Lamotta  
Deb Linke  
Ellen Lipton  
Janet Lloyd  
Brenda Macmillan  
Connie Marsala  
Deborah Matarazzo  
Theresa Miller  
Deb Morrison  
Nancy Ollinger  
Jean Pedersen  
Simon Platel  
Mendy Polchinski  
Jennifer Purinton  
Mary Alice Putnam  
Michele Quindlen  
Dave Schupmann  
Laurie Schupmann  
Gerry Sexton  
Mary Pat Sexton  
Dayna Sierakowski  
Jean Siomkos  
Melissa Smith  
Ginny Stoeffel  
Kelly Turberfield  
Celeste Ulmer  
Carrie Wells  
Shelley Werbit  
Barbara Wickstrum  
Eileen Wilson

Pablito Almira  
Debra Ancona  
Richard Angotta  
Kerri Austin  
Renaud Baker  
Sangeetha Basker  
Deirdre Basile  
Sam Bloch  
Anne Blood  
Bob Brant  
Colleen Broderick  
Liz Brown  
Stephanie Brown  
Stephanie Cahill  
Christine Carr  
Jessica Carter  
Patricia Cartwright  
Dorothy Chapman  
Bob Christman  
Jennifer Coakley  
Patrick Coakley  
Julia Cockerill  
Bridget Colabella  
Deirdre Condon  
Ute Hintzelmann  
Amanda Cordano  
David Cordisco  
Megan Cosgrove  
Avery Costigan  
Anne Covino  
Virginia Cox  
Maureen Culhane  
William Cushman  
Kacey Daubenspeck

Don Daughters  
Catherine Desmarais  
Lynett Dickman  
Christopher DiElsi  
Len Doherty  
Erin Donnelly  
Gloria Driscoll  
Jessica Dyckman  
Sue Ferguson  
Lisa Flanagan  
Sean Flanagan  
George Flynn  
Peggy Ford  
Renee Fozouni  
Liana Furneri  
Beverly Gabel  
Tom Galvin  
Diana Gaughran  
Peter Geike  
Sonia Girolamo  
Beverly Griggs  
Karin Guynn  
Barbara Hartman  
Sabine Heym-Kloeckner  
Ute Hintzelmann  
Michael Hourihan  
Elizabeth Isaacson  
Jane Jawlik  
Mary Joyce  
Barbara Kaplan  
Caroline Keenan  
Mary Jane Keleman  
Brian Kelly  
Kristof Kloeckner

Briane Knight  
Trisha Kokas  
Thomas Kozlark  
Cliff LaMotta  
Renata LaMotta  
Jacqueline Lang  
Michelle Lange  
Barbara Licare  
Dan Lindau  
Jane Lindau  
Diana Lovasik  
Andrea Macaluso  
Bill Markus  
Morakot Masokas  
David Matz  
Linda McAllister  
Minnie McCartan  
Lauri McLaughlin  
Frank McPike  
Dean Miller  
Carol Millerick  
Michael Millerick  
Emily Mills  
Tom Miserendino  
Melanie Morrice  
Joe Motta  
Jamie Murphy  
Garret Negri  
Pete Nichols  
Ann Occhicone  
Michael Occhicone  
Carole Olkoski  
Jennifer Philbin  
Derrick Rapp

Melynda Rees  
Amanda Reilly  
Walter Richter  
Phil Riordan  
Anna Robinson  
Rick Rodamar  
Jennifer Rose-DiLaura  
Jill Rotunno  
Negin Royae  
Jack Sanders  
Dave Schupmann  
Jenn Scully  
Mary Shickell  
Dayna Sierakowski  
Kathleen Slocum  
Erica Smock  
Meg Spera  
Matt Streif  
Rupinder Sura-Collins  
Charis Taylor  
Justin Taylor  
Peggy Van Acker  
Cathy Vilinskis  
Carrie Warner  
Josh Weinschank  
Carrie Wells  
Whitney Williams

### DRIVER VOLUNTEERS

## It Takes a Village! IN-KIND DONATIONS 2022 & YTD 2023

Special thanks to these "villagers" who have donated so generously either their time, talent or specialty items:

### Client Gifts & Bag Decorating

Evie Aronow  
Commission on Aging  
Jan Cuny  
Mary Debiase  
The Desmarais Family  
Lynett Dickman  
Diana DiVestea  
Christine Eckler  
First Congregational Church Sunday School Classes  
Scarlett Fixler  
The Franceschini-Gatje Family  
Ann Gelbert  
Katie Imbrogno  
Jewell & Hackett Families  
Katonah Elementary School  
Lion's Heart  
Meadow Pond Elementary School  
Michaela Martin & Abbe Radigan  
Mind Body Botanicals  
The Miner Family  
MOMS Club of Ridgefield  
National Charity League Ridgefield Chapter  
Hannah Neumann  
James Pereyra  
RHS Library Learning Commons  
Ridgefield Academy  
Ridgefield Civic Ballet  
Ridgefield Garden Club  
Ridgefield Girl Scout, BSA, Cub Scout & Brownie Troops  
Ridgefield Public & Private School Students  
SES Scotty Cares  
SPHERE of CT  
Tejada Family  
Veteran's Park Elementary School 3rd & 4th Grade

### Goods & Services

109 Cheese & Wine  
The Baghat & Puri Families  
Tom Bishop  
BJ's Wholesale Club  
The Cake Box  
Church of Jesus Christ of Latter-Day Saints  
Clark Construction  
Colonial Cleaners  
Cornerstone Home & Gardens  
Costco Wholesale  
Farvue Farm  
Renee Fozouni  
Jesse Lee Memorial Church  
Cathy Katin-Grazzini  
Lounsbury House  
Emily & Cathryn Mills  
Minuteman Press - Newtown  
National Charity League Nutmeg Chapter  
Ridgefield Academy  
Ridgefield Basketball Association  
Ridgefield Girl Scout, BSA  
& Brownie Troops  
Ridgefield Playhouse  
Ridgefield Public & Private School Students  
Ring's End  
Saint Mary Parish Youth Ministry  
Saint Mary Vacation Bible School  
Saint Stephen's Church Samaritan Garden  
Sobol  
Paul E. Stoogenke, CMA, EA  
Staple's  
Stop & Shop  
Target  
Youth Leadership Program

### Community Volunteers, Supporters & Fundraisers

068 Magazine  
Luke Boylan / Giving Art  
Lauren Chiarello-Mika / Chi Chi Life  
Commission on Aging  
Carson Driscoll, Matthew Addotta & Guhan Vel  
Fairfield County Bank  
Fairfield County Community Foundation  
Founders Hall  
Renee Fozouni  
John Frey  
Hamlet Hub  
Hello Ridgefield  
Interact Club at RHS  
Maddie McCartan & Keely Merrill  
National Charity League Nutmeg Chapter  
National Charity League Ridgefield Chapter  
Personal Touch Welcome  
Pure Barre  
Ridgefield Chamber of Commerce  
Ridgefield Department of Social Services  
Ridgefield Library  
Ridgefield Lions Club  
Rotary Club of Ridgefield  
Stacey's Totally Baked



# VOLUNTEER SPOTLIGHT

Mike & Carol Millerick



Mike and Carol Millerick both really enjoy delivering meals as a team. "Carol does the navigation, I do the driving, and together we bring the food to the door," says Mike.

The Millericks moved to Ridgefield 29 years ago, attracted by the school system and charm of Main Street. They found a house built in 1859 which they restored themselves and still reside in. Carol and their two daughters delivered for MOW through the National Charity League while the girls were in school, and "got to see firsthand what a great organization it is."

Their daughters are now grown, and Mike and Carol started delivering when they both retired around two years ago. "After many years of working full time, we were happy to have more time to give back to the community," says Carol.

Driving the many roads of Ridgefield and learning more about the town has been fun, but Mike says that "chatting with clients is the most rewarding part of the experience."

Hilary Aronow is one of MOW's longest serving board members, having joined 7 years ago as public relations and social media manager. Originally from Montana, she and her husband Mike have lived in Ridgefield for the past 14 years and have two kids, Evie and George.

Hilary says that she was drawn to MOW at a Memorial Day parade. "I was impressed with all the bake sales to benefit various local nonprofits, including MOW. It was moving to see families so supportive of philanthropy and aware of the prevalence of food insecurity within the community, particularly in the aging population."

In her role, Hilary shares photos, stories and news about MOW on social media and with the press: "Social media is an amazing tool to keep us top of mind for everything from donations to gaining clients and volunteers. It is very satisfying to see the immediate impact of a single post. For example, I can post a call for bag decorators and a week later our kitchen will be flooded with beautifully decorated bags ready to be sent out to delight our clients. Or I can post a request for donations of items to fill our emergency bags and shortly after all items will be purchased. I am so proud of the work we do and honored to be part of the organization."

Hilary Aronow



# CLIENT SPOTLIGHT



Bill Williams



Bill Williams has lived in Ridgefield for 23 years, but he spent most of his career in Studio City, CA as a cinematographer and director of photography for film and TV. Bill worked on shows including The New WKRP in Cincinnati, Newhart and movies like The Color of Money and The Godfather Part II, and was beloved by many actors for his skill in lighting and attention to detail. Bill says "there were too many enjoyable experiences to be able to choose a favorite."

Bill grew up in Compton, CA and worked at a drive-in theater as a kid, which sparked his interest in the movies. He might have stayed on the West Coast, but he wanted the two grandchildren he was raising to be in a good public school system. Because he was able to work in New York City, he moved to Ridgefield, attracted to the beauty of the town and all the amenities and activities there were on offer.

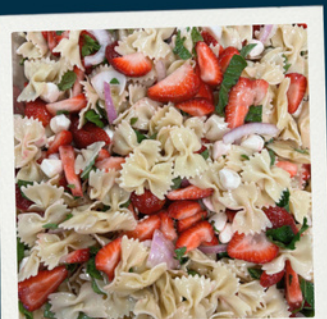
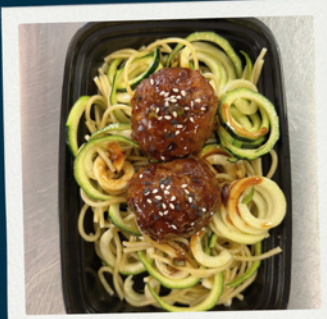
Bill retired 17 years ago and has lived in Ridgefield ever since. When Bill injured his knee 9 months ago and found himself in a wheelchair, he was referred to MOW. "I am very grateful for the difference it made in my life," he says. "It came just at the right time."

Barbara Dobbin has lived in Ridgefield for around 50 years. She and her husband both worked for IBM until they retired, but before they started those careers, became licensed private pilots, and for many years took trips together all over North America.

Barbara has been a widow for the past few years, but she still loves to travel, and keeps busy reading, playing bridge and "learning about anything and everything." She also has been involved with various town organizations for many years. Notably, she used to be one of the youngest members of the board of the Ridgefield Library, and now, in her Emerita position, is proudly one of the oldest. She's also an active member of the board of the Ridgefield Guild of Artists as well as the Ridgefield Orchestra Foundation.

She used the services of MOW on a short-term basis while recovering from an illness. "It was a godsend. I wasn't able to shop or cook during the weeks I was recovering. I expected to be served macaroni and cheese or some carb-heavy meal. I was so surprised that the meals were delicious and didn't taste like hospital food! And I was really impressed by the level of personal service."

Barbara Dobbin



2022  
2023

# DONOR LIST

REFLECTS DONATIONS IN 2022 AND THROUGH SEPTEMBER 2023. WE APOLOGIZE FOR ANY ERRORS OR OMISSIONS. PLEASE EMAIL US WITH ANY CORRECTIONS OR IF YOU WISH TO REMAIN ANONYMOUS



## \$5,000 & Higher

Anonymous  
Pablito Almira  
Thomas C. Bishop Charitable Fund  
Thomas & Kathleen Brennan  
Fairfield County Bank  
Anne Gilson  
Arvind & Sonia Krishna  
The Leir Foundation, in Memory of Henry J. & Erna D. Leir  
Wadsworth Russell Lewis Trust Fund  
The Albert Wadsworth & Helen Clark Meserve Memorial Fund  
Pamela F. & Robert J. Morganti Charitable Foundation  
Stephen & Rebecca Mucchetti  
Elizabeth Murray-Ellis  
The John H. and Ethel G. Noble Charitable Trust  
Thomas & Michele Quindlen  
Anne S. Richardson Fund  
The Ridgefield Thrift Shop  
The TJX Foundation

## \$1,000 to \$4,999

Anonymous  
Jack & Dot Alexander  
John & Lori Berisford  
Boy Scouts of America, Troop 19  
Carroll Construction Corporation  
Arthur & Kathryn Ciccolo  
Gary & Deirdre Condon  
Doug & Kathy Coombs  
John & Linda Costa  
Carol Dalessio  
Andrew Deubler  
Antonio F. Fernandez & Susan Fernandez Family Fund  
Michael & Isabel Forbes  
The Fozouni Family  
John Frey  
Raymond & Jennifer Garson  
The Goldstone Family Foundation  
Goodrich Helping Hand Fund  
Joan Gregory  
Ronald & Ruth Gustafson  
Zachary & Raquel Handelman  
Andrew Hartsman  
Bernard & Carol Hoecker  
Winston & Ivy Huff  
Katherine Jacullo  
Eileen Jansen  
Dana Jones  
Keitha Kinne  
Eric Knachel  
Knights of Columbus  
Marquette Council 245

Mark & Virginia Konopka  
Karen Lambert  
Lance Design  
Elsie Millaway & Michael LaPlante  
The Paul & Johanna Laszlj Trust  
Thomas Lesko  
Scott & Deborah Linke  
Philip & Christine Lodewick  
Dyane MacDaniel-Brandt  
Linda MacDonald  
John & Stephanie Marra  
Joseph & Elisabeth Maurer  
Sean McEvoy  
Eduardo & Claudia Menezes  
Merryo Foundation  
Dean & Theresa Miller  
John Murphy  
National Charity League - Ridgefield Chapter  
Network for Good  
John & Elaine Noonan  
Thomas O'Grady  
Brian & Marycatherine Parr  
Mary Laura Pritchard  
Miriam Martinez & Roger Restaino  
Ridgefield Lions Club  
Ridgefield Rotary Club  
Al Ryff  
Carol Schoneman  
Davis & Nancy Selander  
Susan Pels & Joseph Sweigart  
TisBest Philanthropy  
Howard & Wendy Tuthill  
Elizabeth Walsh  
The Werlau Family  
George & Sally Williamson  
Robert Wolf

## \$500 to \$999

Anonymous  
Adam Broderick Salon & Spa  
Ignatius & Sherry Anandappa  
Beverly Barnard  
Sam & Linda Bloch  
Eugene & Nancy Brandon  
Robert & Ann Marie Brant  
Neil & Margaret Brisson  
Philip & Mary Burkhardt  
Joanne Casey  
Thomas Cherner  
David & Gloria Chia  
Lauren Chiarello-Mika  
Gary & Lynn Cohen  
David Cordisco  
Nick & Anita Donofrio  
Ed Ehret  
Ellen Burns & Darwin Ellis  
Stan & Susanne Galanski  
Greta Gallas  
Mark Gilliam  
GivingArt LLC  
Christine Greco  
Michael & Susan Grenert  
Bill & Barbara Hecht  
Thomas & Kristen Hoban  
Robert & Jennifer Jasminski

Andrew & Jane Jawlik  
Mary Joyce  
Kane Funeral Home  
Thor & Mary Krebs  
Ellen Lipton  
Richard Lipton  
William & Monika Markus  
Erik Mausser  
Patrick & Evelyn McGrath  
Meals on Wheels Board of Directors  
Paul & Amy Mellinger  
Scott & Heather Mitchell  
Ann Mulgrew  
Cindy Nofi  
Phyllis Perron  
Lawrence Perry  
John & Robin Phillips  
Nancy Pizza  
Brian Regan  
Michael Rettger  
Ridgefield Glass  
Rita Samelson  
David & Laurie Schupmann  
Ronald & Cecilia Shirk  
Gary & Susie Singer  
Bernard Skrobacz  
Michael & Valerie Sorrentino  
David & Celeste Ulmer  
Bart & Susan Van de Weghe  
Peter & Lisa Vanderminde  
Thomas & Maggie Watson  
Craig & Patricia Welton  
Amanda Curtin & Jonathan Winn  
Lora Wishod  
Cynthia Bakon & John Worrall

## \$100 to \$499

Art & Anne Aaronson  
Maria Leah Aguilar  
Mehdi Raza Ali  
Rolf Almgren  
Debra Ancona  
Janice Anderson  
Richard Angotta  
Clifford & Phyllis Appel  
Anda Ariail  
Lorraine Armstrong  
Michael & Hilary Aronow  
Philip & Liz Arturi  
Joshua & Jessica Auerbach  
Theresa Bach  
Amanda Baker  
Richard & Chloe Ball  
Justin & Elizabeth Ballotte  
Geoffrey & Maureen Bartlett  
Laurie Becker  
Thomas & Frances Bellina  
Christopher & Videen Bennett  
Jeanne Bodnar  
Susan Bokos  
Annette Bonwetsch  
Nicholas Bosnak  
Paul & Patricia Bossidy  
Geoff & Randy Boytos  
John & Sharon Bracken  
Branchville School PTA

Antoinette Brennan  
Carroll Brewster  
Kevin & Lynne Briody  
Jonathan & Elyse Brodie  
Steve Bronfield  
John & Karen Brotherhood  
Gregory & Kerry Brucato  
Jane Bucher  
Lorna Bufkin  
Timothy & Diana Bunt  
Deborah Ettington & Thomas Burean  
Lisbeth Kelly & Fred Burke  
Charles & Brenda Calia  
Sandra Calkins  
Donna Callaghan's Photo Designs  
Arleen Campbell  
Martha Campbell  
Kristina Teneyck & William Carboni  
Andrew & Deborah Casucci  
Sara Champion  
Christofer & Laurie Christians  
Joseph Clark  
Sharon Kent & Kevin Coleman  
Alicia Collins  
Marcia Cooke  
Torrey Cooke  
Valerie Cosgrove  
Charles & Ruth Creamer  
Deanna Cunningham  
Matt Dahlman  
Luke & Katherine Daigle  
Don & Kathleen Daughters  
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Susan Davis-Gillis  
Andrew & Barbara Deem  
Jane Degnan  
Carole Devlin  
Frances & Ann DiCesare  
Betty Dickman  
Howard & Lynett Dickman  
Jeff & Tori Dinkel  
Elizabeth DiSalvo  
Joseph & Corrinne Divestea  
Tim Donovan  
Gloria Driscoll  
Harry & Nancy Dyer  
Amy Eaves  
Penny Edwards  
John & Donna Egloff  
Nelson Ehinger  
Steven Elliott  
Elizabeth Esser  
Christopher & Karin Fallon  
The Agius Family  
Family Medical Associates  
John Favicchia  
Theodore & Margaret Fedun  
Richard & Ruth Feldman  
Adam & Camille Fennel  
Tom & Bonnie Figgatt  
First Church of Christ Scientist

First United Methodist Church (Mt. Vernon)  
John & Beulah Fisher  
Richard & Laura Flood  
George & Jayne Flynn  
Craig & Jane Frankenburg  
Neal & Melody Fritz  
Robert Frulla  
Leonard Gallo  
Pamela Banks & Alan Gardner  
Donald Gardner  
James & Patricia Gareau  
Jan Garlick  
Peter & Asha Gartland  
Hope Gassier  
Helen George  
Ira & Karen Gerard  
Thomas & Marlene Gerhard  
Marian Gioles  
Kristina Gisonde  
Ronald & Carol Giustino  
Diana Glubiak  
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Patricia Gormley  
Richard Greenwood  
Michael Grissmer  
Marko & Mariska Groot  
Sharon Cunningham & Richard Grossbard  
David & Laura Grove  
Gene Groves  
Albert & Kathryn Guido  
Rena Gyftopoulos  
Mark & Jennifer Habeeb  
Katalin Ferenczi & Balazs Halmos  
Wendy Handler  
Martin Handshy  
Lynda Hanley  
Jeffrey & Jennifer Hansen  
Terrel Hays  
Iris Hearing  
M.J. Heller  
Jose & Katie Helu  
Patrick & Lydia Hoban  
Lynn Holley  
Nancy Moore-Hulnick & Donald Hulnick  
Natalie Ishkanian  
Robert Ishkanian  
Elizabeth Ito  
Felicia Jamieson  
Susanna Johnstone  
Robert & Steffi Jones  
Harry & Nancy Kabasakalian  
Carolanne Kane  
Michael & Barbara Kaplan  
Ann Karsh  
Richard & Caroline Keenan  
Brian Kelley  
Gretchen Kennedy-Graber  
Paul & Corrine Ketchum  
Robert & Shelley Keyes  
Nick & Eleanor Kilsby  
Sabine Heym-Kloekner & Kristof Kloekner  
Frederick & Maria Klutey  
Knoche Electric  
Barbara Kokalari  
Thomas & Maureen Kozlark

Jeffrey Krulwich  
Harvey Kulawitz  
Michael & Eva Lynn Langan  
Richard & Diane Larson  
James & Pamela Leahy  
Carl & Christine Lecher  
Virginia Leeman  
Mark & Gail Lehmann  
Irene Leibman  
Andrew & Jeanine Levine  
John & Peggy Loehr  
Luc's Cafe & Restaurant  
Jonathan Lustig  
Xan Garlick  
Neil & Jane MacKenzie  
Vito & Katherine Maglieri  
David & Kathy Maher  
Richard & Michele Mahland  
Sue Manning  
Carmine & Maria Marallo  
Lauren Mariani  
Anthony & Patricia Markert  
Deborah Matarazzo  
Stephen & Lynette Matthias  
Tracy McDonald  
Edward & Mary McGarvey  
Kerry & Brenda McKinley  
Kathleen McLaughlin  
Meals on Wheels Friday Kitchen Team  
Steven March & Victor Melendez  
William & Susan Melnyk  
George Meyer  
Jay & Joyce Miller  
Tom & Lori Miller  
Michael & Carol Millerick  
Adrian & Emily Mills  
Mark Monahan  
Jeffrey Monroe  
Montanari Fuel Service  
Michael & Kathy Morgan  
Mary Morrisroe  
Mulvaney Mechanical, Inc.  
James & Donna Murphy  
Joni Karsh & Alan Must  
National Charity League - Nutmeg Chapter  
George & Marsha Nichols  
Christina Nolan  
Dan & Annette O'Brien  
Gregory & Michelle Olbrys  
Thomas & Carol Olkoski  
Noreen Omara  
Rob & Debi Orr  
Jose & Colleen Padilla  
Sunita Pardanani  
Jean Pedersen  
Georgene Pekala  
Nick Percival  
Marie Perez  
Cathy Perry  
Charles & Diana Pietrangelo  
Alan Pilch  
Simon Platel  
Donald & Mendy Polchinski  
Joseph & Bernice Pontelandolfo  
Carol Davis & Bob Prezkuta  
Jim & Susanne Prial



Edward Pugsley  
Gerard & Karen Ragone  
Raghavendra & Srivalli Rao  
Stephen Rapaglia  
Gary & Kimberly Rapp  
Michelle Lange & R. Derrick Rapp  
Linda Ravert  
James & Therese Rayfield  
Tom & Susan Reynolds  
Anna Richardson  
Walter & Susan Richter  
Ridgefield Library Staff  
Town of Ridgefield  
The Riordan Family  
Jeffrey & Ashley Roberts  
Carl & Norma Rohde  
Patricia Wend & Jay Rosenberg  
Tracy Ross  
Carmine & Lee Rossetter  
David Sachs  
Elizabeth Sanden  
Jonathan Sanden  
Florence Sarath  
Richard & Lisa Sauer  
Linda Schade  
Jeanne-Marie Schott  
Lawrence Schroeder  
Lili Schroppe  
Jeff & Judy Schweitzer  
Susan Schwerdtle  
Scotland Elementary School  
Sellmany  
Ilene Traiger & Joe Shapiro  
Lillian Sherdal  
Nikhil Shivalkar  
Linda Siburn  
Michael & Maryann Simonelli  
Walter & Sabina Slavin  
Earl & Marian Sloan  
Maria Victor-Smith & David Smith  
Elliott & Patricia Snow  
Deborah Soyak  
James & Meg Spera  
Robert & Mary Lou Sperry  
Albert Speth  
Lester & Loretta Steinman  
Ian Stevenson  
Stop & Shop  
The Storm Family  
Denise Sullivan  
Stacey Sussman  
Ronald & Patricia Terrill  
Margaret Thompson  
Curtis & Linda Tilton  
Briggs & Jess Tobin  
Nicholas & Christine Toscano  
Bob & Vicki Trainer  
Patricia Traynor  
John Turner  
Jennifer Vallerie  
Brian & Paula Varney  
Estate of William Vasil  
Sharon Walker  
Janet Oakley Wallace  
Simon Walton  
Belinda Ward  
James Ward  
Barbara Manners & Morgan Weber

William Weber  
Carrie Wells  
The Wescott Family  
David & Noana Whitehead  
Bob & Andrea Whitton  
Shirley Wilken  
Annie Willett  
Bill & Barbara Wyman  
Elizabeth Yohan  
David & Victoria Yolen

## Up to \$100

Kay Ables  
Marie Adams  
Alfonso Albero  
Susan Alex  
Louis & Donna Amato  
Gerard & Susan Amodeo  
Michael & Barbara Anderson  
Loretta Angelo  
Sally Angelo  
Bruce & Robin Augustadt  
William & Eleanor Bagley  
Nancy Baldaserini  
Anita Barrios  
Jarmila Beaudry  
George & Dawn Besse  
Sonal Bhatia  
Dwight & Amber Blaha  
Brian & Cathleen Bligh  
Thomas & Nancy Bradbury  
Christopher Brant  
Cornelia Brejka  
Patrice Briscoe  
Kimberly Brodovicz  
Flor & Julie Brosnan  
Paul & Lauren Bubniak  
Cynthia Bell-Bucha & Paul Bucha  
Graham & Eileen Burton  
Kenia Campos  
Angelina Capocci  
Richard Carboni  
Valeria Carita  
Nancy Carotti  
Dale & Angela Carpenter  
George & Barbara Carpenter  
Annette Kappes  
Rolf-Achim & Elizabeth Kaul  
Theresa Kean  
William Kenyon  
Sara Kessler  
Kathleen Kinka  
Ruth Kinneary  
Sasha Krumholz-Lynn  
Julian & Julia Landau  
Stewart Landers  
Linda Laqueur  
Dale Ligi  
Patricia Ligos  
Lena Liguori  
Anita Lindsey  
Joseph Lombardo  
Gayla Longman  
Tony & Marianne Loomis  
Andrea Loscalzo  
Anna Lossius  
Katherine Lunger  
Elizabeth MacKie  
Barbara Madden

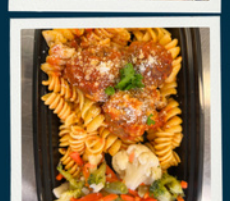
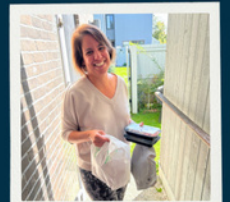
Kelsey DePalo  
Jim & Paulette DeRito  
Kenneth & Maureen Devane  
Timothy Dickson  
Jerry & Barbara Dineen  
Helen DiNucci  
Barbara Dobbins  
Tim Dwyer  
Joe & Aileen Egan  
Jon & Barbara Elkow  
Amy Escribano  
John Fahey  
Joseph & Ariel Federico  
Frederick & Nancy Fields  
Jonathan Finch  
Katherine Fischer  
Tom & Yvonne Franco  
Brad & Meghan Fries  
Margaret & Stephane Galistinos  
Valerie Gambelungh  
Todd & Isobel Garvett  
Rosemary Ganser & John Gaumer  
Peter & Marcia Geike  
Jason George  
Matthew & Karen Gerson  
Greg & Tony LLC  
Robert & Pamela Golde  
Wayne Goldman  
Marilyn Gordon  
Scott & Cynthia Gramling  
Anthony & Lee Gregoras  
Eileen Hahnenkratt  
Sheldon & Anne Harber  
David Harriott  
Alice Hayes  
Richard & Lisa Hearon  
James & Diane Hendrickson  
Lynne Hills  
Carol Hunt  
Alyson Iolin  
Matthew & Bernice Iwinski  
Shirley Johnson  
Kevin Julier  
Just Give - Great Nonprofits  
Tracy Kahlo  
Joseph & Theresa Kaiser  
Annette Kappes  
Rolf-Achim & Elizabeth Kaul  
Theresa Kean  
William Kenyon  
Sara Kessler  
Kathleen Kinka  
Ruth Kinneary  
Sasha Krumholz-Lynn  
Julian & Julia Landau  
Stewart Landers  
Linda Laqueur  
Dale Ligi  
Patricia Ligos  
Lena Liguori  
Anita Lindsey  
Joseph Lombardo  
Gayla Longman  
Tony & Marianne Loomis  
Andrea Loscalzo  
Anna Lossius  
Katherine Lunger  
Elizabeth MacKie  
Barbara Madden

AnnMarie Maglione  
Joan Malin  
Jeanette Mannuzza  
Frederick & Alexa Marshall  
Kim Marshall  
Joseph Martinich  
David Matz  
Margaret McEachern  
Patricia Menard  
Patricia Miller  
Lance Miller  
Kelly Milton  
Luba Molnar  
Lisa Mooney  
Jeffrey Morell  
Susan Most Armstrong  
Helen Mannis & Fritz Mundorff  
Pamela Murphy  
Raymond Murphy  
Catherine Myers  
David & Deanna Naves  
New Beginnings Landscaping, LLC  
Michele Newsome  
Nancy Nuzzo  
Michael Occhicone  
Michael O'Malley, Jr.  
Carol O'Neill  
Mary O'Reilly  
William & Beverly Osgood  
Kathy O'Toole  
Jean Pagano  
Stephne Pagano  
Vincent & Lucretia Pannoza  
Ellen Panzeca  
Lara Parker-Edson  
Jason & Allana Peck  
Karen Cipolla & Chris Perry  
Amelia Petre  
John & Sharon Phelan  
Carol Pico-Gi & Zane Phifer  
John & Mary Pierandri  
Trudy Potter  
Laura Powers  
Anne Quain  
Joe & Janet Rabideau  
Raghavendra & Srivalli Rao  
Connie Marsala & Enzo Reale  
Timothy Redgate  
Paula Reichler  
Stacey Reney  
Kathleen Richards  
Ridgefield Basketball Association  
Ridgefield Moms Group  
Ridgefield Woman's Club  
John & Phyllis Robertson  
Joanne Rodenbach  
Mike & Beth Rosenfield  
Charles Ross  
Mary Lou & John Rowley  
Atabak & Negin Royae  
Thomas & Gabriella Rubeo  
Nancy Rubinstein  
Diana Ruppe  
Regina Ryan  
Chip & Gail Salvestrini  
Kenneth Salvestrini  
Marcie Samartino  
Jack & Sally Sanders  
Ingeborg Sands

Anthony Savino  
Ken & Rose Sayers  
John & Jane Scarbrough  
Catherine Scatterday  
Michael & Paula Schmidt  
Shirley Scheiderman  
Peggy Anne Sharlow  
Craig & Suzanne Sherter  
Michael Short  
Alice-Jane Slaiby  
Kenneth & Constance Starsiak  
Richard & Patricia Steinhart  
Helen Stevens  
Michael Stipicevic  
Robert & Judith Strom  
Delores Sullivan  
Lynne Swanson  
Martha Talburt  
Victor & Monica Tardino  
Lucinda Teixeira  
Robert & Elizabeth Thompson  
Peter Tillinghast  
Alicia Tirloni  
Scott Trachtenberg  
Walter & Diane Trelewicz  
Maureen Tucket  
Sheila Tudisco  
Charl & Alyssa Van Der Merwe  
Thomas & Priscilla VanLenten  
Jackson & Lynn Vaughan  
Bernard & Cynthia Veilleux  
Michael Vencel  
Veronica Viggiano  
John & Debra Wagner  
William & Wendy Warnecke  
Ann Weed  
Michael Weiss  
Jacqueline Wells  
Bonnie Wright  
Jing Wu  
Beth Yanity  
Barbara Yankowski  
David & Julie Yaun

## Matching Gifts

Amazon Smile  
Crown Castle USA  
Element Solutions  
Everest Global Services  
Fairfield County Bank  
Gartner Group  
GE Foundation  
Hewlett-Packard Foundation  
IBM Corporation  
Jones Lang LaSalle  
Linde PLC  
Microsoft Corporation  
J.P. Morgan  
Newell Brands  
Pepsico Foundation  
Point72, L.P.  
Pitney Bowes Inc.  
Regeneron Pharmaceuticals  
State Street Foundation  
Synchrony Financial  
Voya Financial



# “Client Quotes”



THANK YOU TO ALL THE STAFF OF MOW WHO GIVE THEIR TIME AND ENERGY TO MAKE SOMEONE ELSE'S LIFE A BIT EASIER WHEN THEY ARE IN NEED.

THANK YOU TO EVERYONE AT MOW. I COULDN'T WAIT FOR THE DELIVERY - THERE WERE SO MANY SURPRISES, LITTLE SUNDRIES, ARTWORK, TREATS AS WELL AS THE MEAL WHICH IS ALWAYS DELICIOUS. I LOVED IT.

A GREAT BIG THANK YOU TO ALL THE WONDERFUL PEOPLE AT MOW - THANKS TO ALL WHO PLAN, COOK, BOX UP AND DELIVER THE WONDERFUL FOOD. YOU GIVE NEW MEANING TO THE PHRASE "GIVING BACK."



I'M GRATEFUL FOR THE FANTASTIC FOOD - I WOULD BE EATING PEANUT BUTTER AND JELLY SANDWICHES IF I DIDN'T GET MEALS FROM MOW.

I AM GRATEFUL FOR BEING A CLIENT OF THIS WONDERFUL ORGANIZATION AND APPRECIATE YOUR TENDER LOVING CARE.

I'M A BIG MOW FAN. I LOVE THAT THERE ARE VEGGIES WITH EVERY MEAL AND THE SERVING SIZE IS PERFECT - I'M IN BETTER SHAPE AND HEALTHIER NOW.



## BOARD OF DIRECTORS

We welcomed 3 new board members this year: Beverly Griggs (Driver Scheduling), Rupinder Sura-Collins (Driver Administration & Compliance) and Yenny Reed (Design). Thank you to our retiring board members for their service: Michele Goodman, Liz Kelly and Minnie McCartan.

BOARD CHAIR | Dean Miller

BOARD CHAIR EMERITUS | Dyane MacDaniel-Brandt

VICE CHAIR | Michelle Lange

VICE CHAIR EMERITUS | Phyllis Appel

TREASURER | Laurie Schupmann

CO-TREASURER | Renee Fozouni

RECORDING SECRETARY | Josh Weinschank

CORRESPONDING SECRETARY | Gary Rapp

PUBLIC RELATIONS & DIGITAL | Hilary Aronow

NEWSLETTER EDITOR | Caroline Keenan

DEVELOPMENT | Liz Ballotte

FACILITIES | Alan Must

CLIENT SERVICES | Gloria Driscoll

DRIVER SCHEDULING | Beverly Griggs

DRIVER ADMINISTRATION & COMPLIANCE | Rupinder Sura-Collins

DESIGN | Yenny Reed

FINANCE COMMITTEE  
Laurie Schupmann: Chair  
Gary Condon  
Joyce Ligi  
Dean Miller  
Tom Miserendino  
Gary Rapp  
Joe Venturato

ADVISORY BOARD  
John Frey  
David Pazer, MD  
Tony Phillips  
Tom Reynolds  
Theresa Santoro  
David Schneider

KITCHEN STAFF  
Operations Managers:  
Joni Karsh  
Theresa Miller

Kitchen Managers:  
Kathryn Guido  
Joni Karsh  
Mary Pat Sexton

Dietitian Consultant:  
Monica Marcello, MS, RD

203.438.8788

MOWRidgefield@gmail.com | MealsonWheelsofRidgefield.org

25 Gilbert Street, Ridgefield, CT 06877

Kitchen Hours: Monday, Wednesday, Friday: 8am - 12pm

